Training Unit for AED-3100 TRN-3100

# **OPERATOR'S MANUAL**





Printed:



Please read this manual before use so that you can use the TRN-3100 training unit for the AED-3100 automated external defibrillator safely and maximize its usefulness. Read the other attached documents as well.
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Level	Description					
<b>⚠ WARNING</b>	A warning alerts the user to possible injury or death associated with the use or misuse of the instrument.					
<b>⚠</b> CAUTION	A caution alerts the user to possible injury or problems with the instrument associated with its use or misuse such as instrument malfunction, instrument failure, damage to the instrument, or damage to other property.					

Pay attention to all safety information in this operator's manual.

#### **⚠ WARNING**

This instrument is designed for training and cannot deliver energy. Store the instrument in a place where it is not easily accessible to prevent people from using this instrument for rescue.

### **⚠ WARNING**

The training pads are designed for training and cannot deliver energy. Do not connect the training pads to an AED that is used for rescue. Store the training pads in a place where it is not easily accessible to prevent people from using these training pads for rescue.

#### **⚠** CAUTION

Do not store the TRN-3100 training unit in the carrying bag for the AED-3100 automated external defibrillator. This may cause the training unit to be mistaken for an AED.

#### **GENERAL HANDLING PRECAUTIONS**

Use only Nihon Kohden approved products with this device. Use of non-approved products or in a non-approved manner may affect the performance specifications of the device. This includes, but is not limited to, batteries.

Please read these precautions thoroughly before attempting to operate the unit.

#### 1. When installing or storing the unit, take the following precautions:

- (1) Avoid moisture or contact with water, extreme atmospheric pressure, excessive humidity and temperatures, poorly ventilated areas, and dust, saline or sulphuric air.
- (2) Place the unit on an even, level floor. Avoid vibration and mechanical shock, even during transport.
- (3) Avoid placing in an area where chemicals are stored or where there is danger of gas leakage.

#### 2. Before Operation

- (1) Check that the unit is in perfect operating order.
- (2) Check that all defibrillation pads are connected properly.
- (3) Check that battery level is acceptable and battery condition is good. When replacing the battery, follow the instructions in this manual.
- (4) Pay extra attention when the unit is in combination with other instruments to avoid misdiagnosis or other problems.

#### 3. During Operation

- (1) When using the unit, do not exceed the specified time and value for diagnosis or treatment.
- (2) Both the unit and the patient must receive continual, careful attention.
- (3) To assure the patient's safety, turn the power off or remove the defibrillation pads if there is any abnormality in the unit.
- (4) Avoid direct contact between the unit and the patient.

#### 4. After Use

- (1) Back the unit to its original position with all controls and its accessories in the condition described in this manual.
- (2) Remove the cords gently; do not use force to remove them.
- (3) Clean the unit together with all accessories for their next use.

- 5. The unit must receive expert, professional attention for maintenance and repairs. When the unit is not functioning properly, it should be clearly marked to prevent use while it is out of order.
- 6. The unit must not be altered or modified in any way.
- 7. The unit and parts must undergo regular maintenance inspection as described in this manual.

#### WARRANTY POLICY

Nihon Kohden Corporation (NKC) shall warrant its products against all defects in materials and workmanship for one year from the date of delivery. However, consumable materials such as battery pack and defibrillation pads are excluded from the warranty.

NKC or its authorized agents will repair or replace any products which prove to be defective during the warranty period, provided these products are used as prescribed by the operating instructions given in the operator's manual.

No other party is authorized to make any warranty or assume liability for NKC's products. NKC will not recognize any other warranty, either implied or in writing. In addition, service, technical modification or any other product change performed by someone other than NKC or its authorized agents without prior consent of NKC may be cause for voiding this warranty.

Defective products or parts must be returned to NKC or its authorized agents, along with an explanation of the failure. Shipping costs must be pre-paid.

This warranty does not apply to products that have been modified, disassembled, reinstalled or repaired without Nihon Kohden approval or which have been subjected to neglect or accident, damage due to accident, fire, lightning, vandalism, water or other casualty, improper installation or application, or on which the original identification marks have been removed.

#### **EMC RELATED CAUTION**

This equipment and/or system complies with IEC 61326-1 International Standard for electromagnetic compatibility for measurement, control and laboratory use equipment. However, an electromagnetic environment that exceeds the limits or levels stipulated in IEC 61326-1, can cause harmful interference to the equipment and/or system or cause the equipment and/or system to fail to perform its intended function or degrade its intended performance. Therefore, during the operation of the equipment and/or system, if there is any undesired deviation from its intended operational performance, you must avoid, identify and resolve the adverse electromagnetic effect before continuing to use the equipment and/or system.

The following describes some common interference sources and remedial actions:

- 1. Strong electromagnetic interference from a nearby emitter source such as a cellular phone Turn off the cellular phone.
- Effect of direct or indirect electrostatic discharge
   Make sure all users and patients in contact with the equipment and/or system are free from direct or indirect electrostatic energy before using it. A humid room can help lessen this problem.
- Electromagnetic interference with any radio wave receiver such as radio or television
   If the equipment and/or system interferes with any radio wave receiver, locate the equipment and/or system as far as possible from the radio wave receiver.
- 4. Warning: Use with other equipment When the equipment and/or system is adjacent to or stacked with other equipment, the equipment and/or system may affect the other equipment. Before use, check that the equipment and/or system operates normally with the other equipment.
- 5. Warning: Use of unspecified accessory, transducer and/or cable When an unspecified accessory, transducer and/or cable is connected to this equipment and/or system, it may cause increased electromagnetic emission or decreased electromagnetic immunity. The specified configuration of this equipment and/or system complies with the electromagnetic requirements with the specified configuration. Only use this equipment and/or system with the specified configuration.

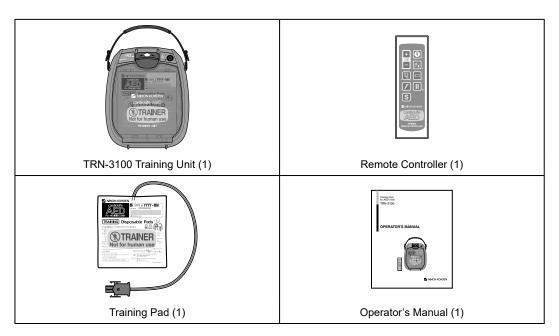
6. Use with radiation therapy equipment When the equipment and/or system is used in a radiotherapy room, it may cause failure or malfunction due to electromagnetic radiation or corpuscular radiation. When you bring the equipment and/or system into a radiotherapy room, constantly observe the operation. Prepare countermeasures in case of failure or malfunction.

If the above suggested remedial actions do not solve the problem, consult your Nihon Kohden representative for additional suggestions.

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) this device may not cause harmful interference, and
- (2) this device must accept any interference received, including interference that may cause undesired operation.

# Unpacking



For the standard accessories and consumables, only use Nihon Kohden specified accessories to satisfy the safety and performance.

For the model and supply code of the standard accessories, refer to "Accessories (Consumables)" (p. 77) in this operator's manual.

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### **About This Training Unit**

TRN-3100 is the training unit for the AED-3100 automated external defibrillator. With this AED training unit, you can demonstrate the entire rescue from attaching the defibrillation pads to the patient to pressing the shock button.

The rescue sequence employed in the training unit conforms to the following guidelines based on the 2015 CoSTR\*1 recommended by the ILCOR\*2.

- American Heart Association (AHA) 2015 guidelines\*3
- European Resuscitation Council (ERC) 2015 guidelines\*4
- \*1 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science with Treatment Recommendations. Circulation, 2015; 132: S1 to S311
- \*2 International Liaison Committee on Resuscitation
- \*3 2015 American Heart Association Guidelines Update for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care. Circulation, 2015; 132: S313 to \$589
- \*4 European Resuscitation Council Guidelines for Resuscitation 2015. Resuscitation, 95 (2015) 1 to 312



#### **⚠ WARNING**

This instrument is designed for training and cannot deliver energy. Store the instrument in a place where it is not easily accessible to prevent people from using this instrument for rescue.

#### **Features**

- The instructor can use the remote controller for more flexible use.
  - Move to a different stage of the rescue scenario.
  - Change the training sequence freely, for example, "shock advised" situation can be changed to "no shock needed" situation.
  - Pause the demonstration to give explanation to the students.
- Even though there is a "shock delivered" voice message when you
  press the shock button, the training unit does not discharge any
  energy.
- There are five rescue scenarios for possible events during the rescue.
- The training unit has a demonstration mode to show how the AED operates during rescue.
- To use this training unit, two LR14 (C) alkaline batteries are necessary. For the remote controller, two LR03 (AAA) alkaline batteries are necessary.
- By switching the adult or child mode, rescue training for both adult and child can be performed.

#### For Instructors

Before using this training unit, read this manual and understand how to use this training unit and its accessories safely and properly.

Make sure to explain to the students the difference between this TRN-3100 training unit and the AED-3100 automated external defibrillator.

The instructor has the responsibility to use this unit safely and properly for instruction. Before use, the instructor must learn the following.

- Defibrillation for basic life support
- · How to use the AED-3100 and its accessories and options

### **Symbols**

The following symbols are used for this training unit and its accessories.

### **Training Unit**

Symbol	Description
<u> </u>	Warning, dangerous voltage*1
(Background color: blue)	Follow instructions for use
$\triangle$	Caution
SN	Serial number
<b>- </b> ∱  -	Defibrillation-proof type BF applied part*1
	On (power)
0	Off (power)
<b>(1)</b>	Not for rescue
4	Battery indicator (100%)*1
4	Battery indicator (50%)*2
	Battery indicator (0%)
Đ	Pad check indicator
7	Service indicator
単2形 LR14/C	LR14 (C) alkaline battery

Symbol	Description
	Eject
===	Direct current
<b>+</b>	Plus, positive polarity
	Minus, negative polarity
***	Manufacturer
EC REP	European representative
100	Products marked with this symbol comply with an environmental protection use period of 10 years according to the SJ/T11364 "Marking for the Restricted Use of Hazardous Substances in Electronic and Electrical Products" of the People's Republic of China Electronic Industry Standard.
C€	The CE mark is a protected conformity mark of the European Union.
UK	The UKCA mark is a regulatory conformity mark of the United Kingdom.
X	Products marked with this symbol comply with the European WEEE directive 2012/19/EU and require separate waste collection. For Nihon Kohden products marked with this symbol, contact your Nihon Kohden representative for disposal.

- \*1 These symbols are printed on the training unit as a replica of the AED-3100 automated external defibrillator but the training unit does not have these functions.
- \*2 This symbol does not mean that the remaining battery is 50%. Refer to "Battery Status Indicator (Scenario Indicator)" (p. 17).

### **Transport Package**

Symbol	Description
<u>††</u>	This way up
Ţ	Fragile
<del>*</del>	Keep away from rain
ŽG	Stacking limit by number ("n" is the limiting number)
	Manufacturer
EC REP	European representative
	Recycle
<b>(1)</b>	Not for rescue
C€	The CE mark is a protected conformity mark of the European Union.
UK	The UKCA mark is a regulatory conformity mark of the United Kingdom.

### **Remote Controller**

Symbol	Description					
+	Increase volume					
	Start of heart rhythm analysis					
	Reduce volume					
R	Move to the next stage of pads attachment					
	Improper attachment of pads					
	Simulation of low remaining battery power					

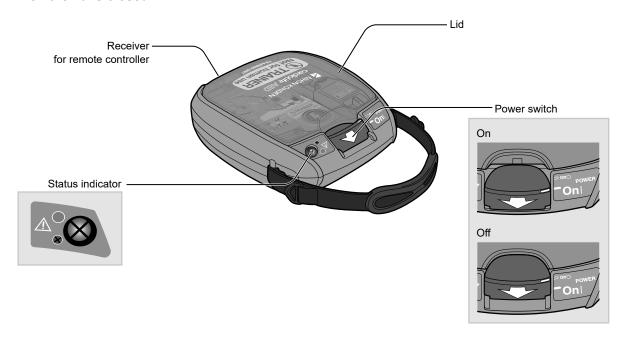
Symbol	Description					
7	Simulation of repair needed condition					
	Pause					
S	Scenario change					
+	Plus, positive polarity					
	Minus, negative polarity					
d LR03	LR03 (AAA) alkaline battery					

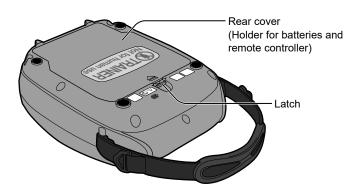
### **Training Pads**

Symbol	Description				
1	Not for rescue				

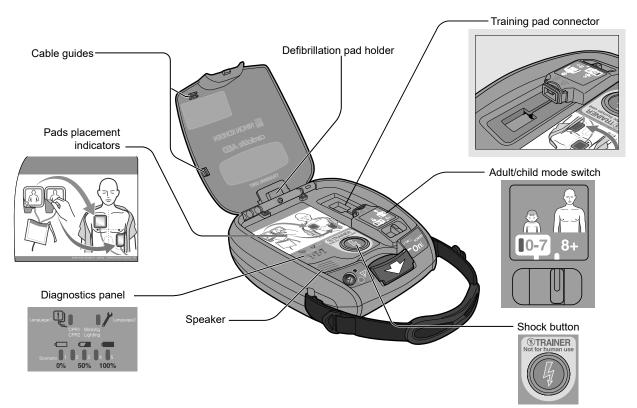
### **Training Unit**

### When the lid is closed





### When the lid is open



#### Status Indicator



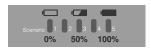
The status indicator of this training unit does not operate. It is always red with a "×" mark to show that the training unit cannot be used for rescue.

#### Shock Button



The shock button flashes when defibrillation shock is needed in the rescue training. By pressing this button, you can learn how to deliver defibrillation shock to a patient.

#### **Battery Status Indicator (Scenario Indicator)**



When the two LR14 (C) alkaline batteries are installed, the 25% and 50% indicators light in green. When the battery power is consumed, the 0% indicator lights in red. The 100% indicator does not light.

To simulate low remaining battery power, you can change the 0% indicator to red by pressing the 6 key on the remote controller.

You can check the current selected scenario by checking which LED lights when you turn the training unit power on and open the lid.

#### Pads Check Indicator (Language 1 Indicator)



To simulate correct and incorrect pads connection, you can change the setting by pressing the 5 key on the remote controller. When the pads are connected properly, the indicator does not light. When the pads are not connected properly, the indicator lights.

When you turn the training unit power on and open the lid, this indicator lights or blinks when Language 1 or Language 3 is selected.

### Service Indicator (Language 2 Indicator)



To simulate the case where repair is necessary, you can change the setting by pressing the 7 key on the remote controller. When you press the 7 key, the indicator changes in red and if you press the 7 key again while the indicator lights, the training unit automatically restarts.

When you turn the training unit power on and open the lid, this indicator lights or blinks when Language 2 or Language 3 is selected.

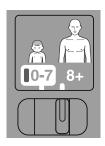
#### Pads Placement Indicators (Voice Guidance Mode Indicator)



To simulate the case where the defibrillation pads are not attached to the patient properly, you can change the pads placement setting by pressing the 5 key on the remote controller. When the pads are not attached correctly, orange and blue indicators blink. Press the 5 key again to turn off the indicators.

When Simple voice guidance mode is selected, these indicators light when turning the training unit power on and open the lid.

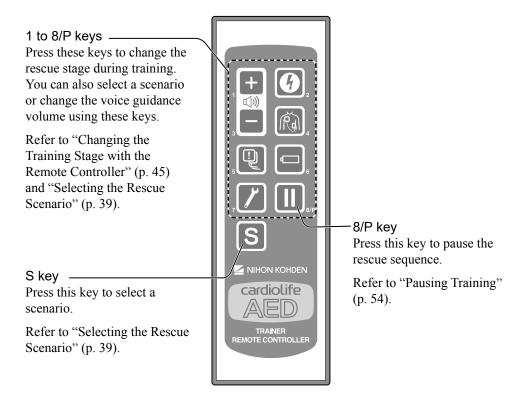
#### Adult/Child Mode Switch



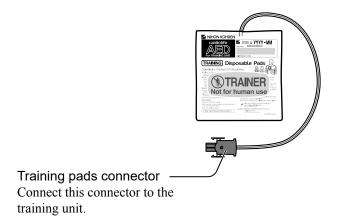
When you set the switch to "0-7", the LED lights in green and you can perform the training in the child mode.

### **Remote Controller**

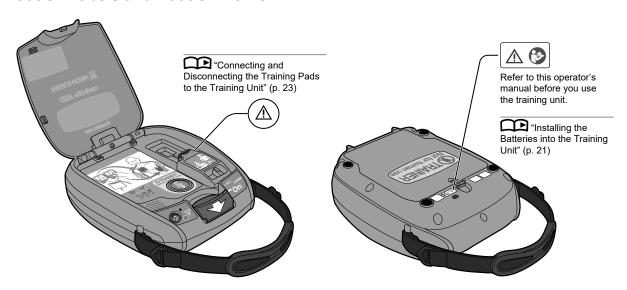
The provided remote controller is a consumable.



### **Training Pads**



### **Caution Labels and Caution Marks**

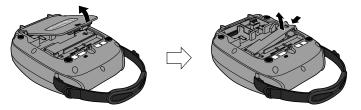


### Installing the Batteries into the Training Unit

Two LR14 (C) alkaline batteries are necessary to use this training unit.

#### **NOTE**

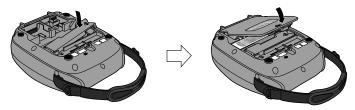
- When not using the training unit for a long time, remove the batteries.
- Do not use rechargeable batteries.
- 1. Press the latch and open the rear cover. Then open the battery holder cover.



2. Insert the batteries with the correct polarity direction.



3. Close the battery holder cover then close the rear cover.

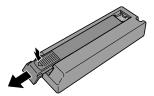


### Inserting the Batteries into the Remote Controller

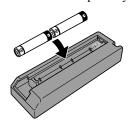
Two LR03 (AAA) alkaline batteries are necessary to use the remote controller.

#### NOTE

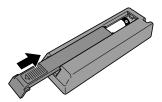
- When not using the remote controller for a long time, remove the batteries.
- Do not use rechargeable batteries.
- 1. Put your thumb on the  $\Delta$  mark on the battery cover and slide it open as shown below.



2. Insert the batteries with the correct polarity direction.



3. Slide the battery cover closed.



### **Connecting and Disconnecting the Training Pads to the Training Unit**

You cannot use the training pads for defibrillation; they are only for the training unit. You can attach the training pads in the same way as you attach the defibrillation pads. The training pads are not disposable and you can use them more than once.

When using the training pads, open the zipper and remove the pads. After using the pads, store them in the package.



### **⚠ WARNING**

The training pads are designed for training and cannot deliver energy. Do not connect the training pads to an AED that is used for rescue. Store the training pads in a place where it is not easily accessible to prevent people from using these training pads for rescue.

### **Connecting the Training Pads**

1. Slide the power switch and open the lid.



2. Insert the tab on the connector into the slot.



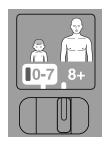
3. Slide the connector all the way in until it locks with a click.



4. Store the pads in the defibrillation pad holder and run the cable through the cable guides.



5. Set the adult/child mode switch to "8+" which is the adult mode.



6. Close and lock the lid by sliding the power switch until it clicks.



### **Disconnecting the Training Pads**

Hold the both sides of the training pads connector and remove the connector by sliding it out.



### Setting Language, CPR Mode and Voice Guidance and Initializing the Settings

You can set the following items with the remote controller.

#### • Language

Language 1 (local language), Language 2 or Language 3 can be selected. Language 1 depends on the country or region.

#### · CPR mode

There are two CPR modes. CPR assist sound is selectable for CPR 1.

- CPR 1:

With 100 "pip" sounds per minute With 110 "pip" sounds per minute With 120 "pip" sounds per minute

- CPR 2:

No "pip" sounds (factory default)

#### · Voice guidance mode

There are two voice guidance modes, Simple and Detailed. The factory default is Simple mode.

#### • Initializing the settings

The settings of language, CPR mode, voice guidance mode and sound volume can be initialized to the factory default settings.

### **Setting the Language**

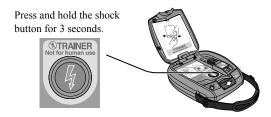
You can check the currently selected language with the pads check (Language 1) and/or service (Language 2) indicators when you turn the training unit power on and open the lid.

You can also set the language with the shock button on the training unit. For details, refer to "Changing the Settings with the Remote Controller and Shock Button on the Training Unit" (p. 37).

1. Slide the power switch and open the lid.



2. While all indicators are lit, press and hold the shock button for three seconds.



3. The indicator for the currently selected language lights or blinks in red and the shock button lights.



4. Press the 2 key on the remote controller to change the language. The following indicators light or blink depending on the selected language.

Language 1: Pads check (Language 1) indicator

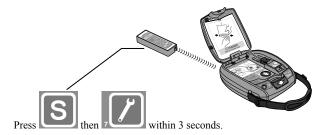
Language 2: Service (Language 2) indicator

Language 3: Pads check (Language 1) and Service (Language 2) indicators



Once you change the language, the shock button starts blinking slowly. While the shock button is blinking, shock function is not available.

- 5. Do either of the following while the target language indicator is lit or blinking.
  - Press the S key then the 7 key within three seconds. or,
  - Turn the training unit power off then turn the training unit power on again.



### **Setting CPR Mode**

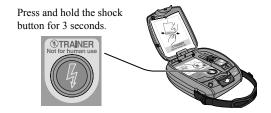
You can check the current CPR mode by checking whether the pads check (Language 1) and/or service (Language 2) indicators light or blink.

You can also set the CPR mode with the shock button on the training unit. For details, refer to "Changing the Settings with the Remote Controller and Shock Button on the Training Unit" (p. 37).

1. Slide the power switch and open the lid.



While all indicators are lit, press and hold the shock button for three seconds.



3. Check the currently selected CPR mode and check that the shock button lights.



4. Press the 5 key on the remote controller to change the CPR mode. For example, when Language 1 is selected, every time you press the 5 key on the remote controller, the pads check (Language 1) indicator changes as follows.

<u>CPR Mode</u> <u>Language 1 Indicator</u>

CPR 1, with 100 "pip" sounds per minute: Blinks slowly

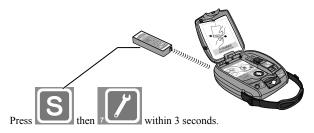
CPR 1, with 110 "pip" sounds per minute: Blinks CPR 1, with 120 "pip" sounds per minute: Blinks fast

CPR 2, no "pip" sound: Lights



Once you change the CPR mode, the shock button starts blinking slowly. While the shock button is blinking, shock function is not available.

- 5. Do either of the following while the target CPR mode is selected.
  - Press the S key then the 7 key within three seconds. or,
  - Turn the training unit power off then turn the training unit power on again.



### **Setting Voice Guidance Mode**

You can check that the current voice guidance mode is Simple or Detailed by checking if the pads placement indicators are lit or not. Refer to "List of Voice Guidance" (p. 65).

#### NOTE

You need the remote controller to set the voice guidance mode. You cannot set the voice guidance mode only with the training unit itself.

1. Slide the power switch and open the lid.



2. While all indicators are lit, press and hold the shock button for three seconds.

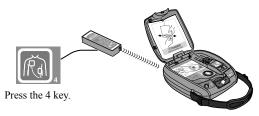


3. Check the currently selected voice guidance mode. For Simple mode, the pads placement indicators light. For Detailed mode, the pads placement indicators are turned off. The shock button lights while the pads placement indicators show the voice guidance mode.

If the voice guidance mode is Simple, the pads placement indicators light in red.

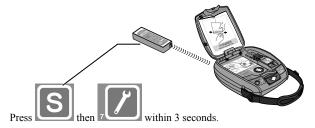


4. Press the 4 key on the remote controller to change the voice guidance mode. The pads placement indicators light or turn off when you press the 4 key on the remote controller.



Once you change the voice guidance mode, the shock button starts blinking slowly. While the shock button is blinking, shock function is not available.

- 5. Do either of the following while the target voice guidance mode is selected.
  - Press the S key then the 7 key within three seconds. or,
  - Turn the training unit power off then turn the training unit power on again.



### **Checking the Current Settings**

You can check the current settings by checking the indicators when you turn the training unit power on and open the lid. The selected language, CPR mode and scenario can be checked on the diagnostics panel and the voice guidance settings can be checked on the pads placement indicators.

Slide the power switch and open the lid. All indicators light and the battery status indicators light in order. Then the current settings are shown on the diagnostic panel for about two seconds.



#### Example

Pads check and service indicators light: Language 3, CPR mode 2

Battery status indicator 4 lights: Scenario 4

Pads placement indicators light: Simple voice guidance mode

After the indicators show the settings, the battery status indicators show the remaining battery power and the training unit automatically starts training in the currently selected scenario.

### **List of the Settings**

Settings for language, CPR mode and voice guidance mode Underlined items are factory default settings.

li	Blink	Lit	Not lit	
Language 1	Pads check (Language 1) indicator	Language 1 CPR mode 1	Language 1 CPR mode 2	-
Language2	Service (Language 2) indicator	Language 2 Language 2 CPR mode 1 CPR mode 2		-
Language   QCR1   Bireig CR2   Lighting	Pads check (Language 1) and Service (Language 2) indicators	Language 3  CPR mode 1  Language 3  CPR mode 2		-
	Pads placement indicators (Voice guidance mode)	-	Simple	Detailed

#### Setting for scenario

Underlined item is factory default setting.

Battery status indicator	1	2	3	4	5	1 and 5
Scenario	1	2	3	<u>4</u>	5	Demonstration mode

### **Initializing the Settings to the Factory Default Settings**

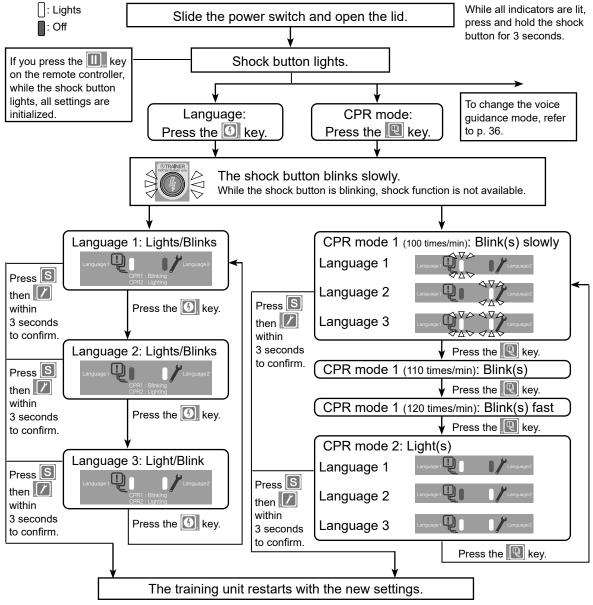
You can initialize the settings of language, CPR mode, voice guidance mode and sound volume to the factory default settings.

- 1. Slide the power switch and open the lid.
- 2. While all indicators light, press and hold the shock button for three seconds.
- 3. Press the 8/P key on the remote controller while the shock button is lit or blinking slowly. The settings are initialized.

## **Preparation**

#### **Changing the Settings with the Remote Controller**

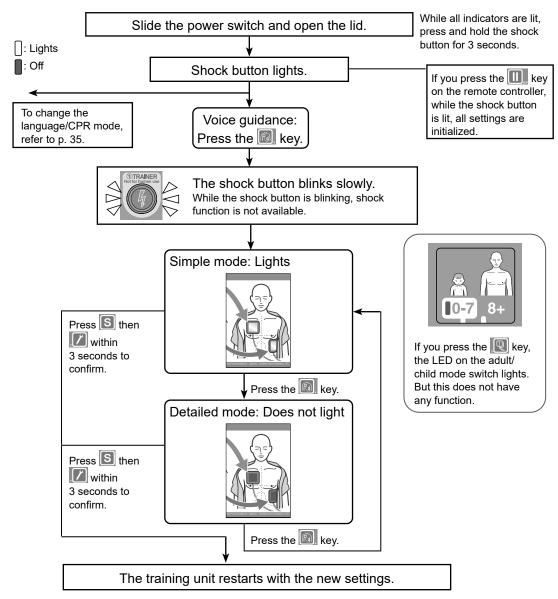
Setting the language and CPR mode



If you close the training unit lid while changing the settings and then open it again, the training unit starts with the settings that were in effect when the lid was closed.

## **Preparation**

Setting the voice guidance mode

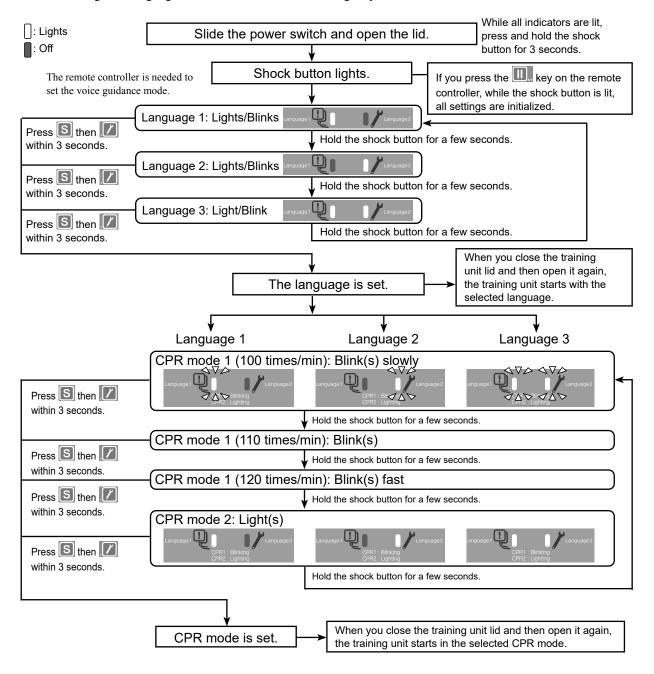


If you close the training unit lid while changing the settings and then open it again, the training unit starts with the settings that were in effect when the lid was closed.

## **Preparation**

### Changing the Settings with the Remote Controller and Shock Button on the Training Unit

You can change the language and CPR mode in the following way.



### **Before Starting the Training**

Check the operation on the training unit.

1. Slide the power switch and open the lid.



- 2. Check the following.
  - All the indicators light after opening the lid and they turn off.
  - The voice guidance sounds.
  - The remote controller operates the training unit.

### **Selecting the Rescue Scenario**

This training unit has five rescue scenarios. These scenarios conform to the guidelines based on the 2015 CoSTR recommended by the ILCOR. You can select different rescue scenarios for different rescue conditions. The default setting is rescue scenario 4.

#### **List of Scenarios**

For details on each rescue scenario, refer to "Explanation of Each Scenario" (p. 55).

Scenario 1	Scenario 2	Scenario 3	Scenario 4	Scenario 5
Heart rhythm analysis	Heart rhythm analysis	Heart rhythm analysis	Heart rhythm analysis	Heart rhythm analysis
<b>\</b>	↓ ↓	<b>↓</b>	$\downarrow$	$\downarrow$
No shock advised	No shock advised	Shock	Shock	Shock
<b>↓</b>	<b> </b>	<b>↓</b>	$\downarrow$	<b>↓</b>
CPR	CPR	CPR	CPR	CPR
↓	↓ ↓	↓	$\downarrow$	$\downarrow$
Heart rhythm analysis	Heart rhythm analysis	Heart rhythm analysis	Heart rhythm analysis	Heart rhythm analysis
↓	↓ ↓	↓	$\downarrow$	<b>↓</b>
No shock advised	Shock	Shock	No shock advised	Noise
<b> </b>	<b> </b>	↓	$\downarrow$	<b>↓</b>
CPR	CPR	CPR	CPR	CPR
		↓		
		Heart rhythm analysis		
		↓		
		Shock		
		<b>\</b>		
		CPR		

### **Selecting the Scenario**

1. Slide the power switch and open the lid.



2. After the voice guidance starts, press the S key on the remote controller.



3. Within three seconds after you press the S key, press the number key 1 to 5 to select a scenario.





The training unit automatically restarts. Then the battery status indicator for the selected scenario lights for a few seconds.

After a few more seconds, voice guidance for the selected rescue scenario starts.

### **Starting the Training**

The procedure of the training depends on the selected rescue scenario This section provides the common procedure for all scenarios.

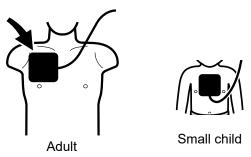
1. Have the student slide the power switch and open the lid. There is a voice guidance.



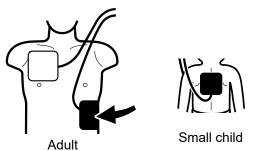
- 2. Have the student check if the patient is not breathing and unconscious by following the voice guidance.
- 3. Have the student check the patient's age. If you assume a child age 0 to 7, have the student set the adult/child mode switch to "0-7" which is the child mode.



- 4. Have the student attach the training pads.
  - Have the student attach the first training pad to the right upper chest of the patient body by following the voice guidance.
     If assuming a small child, attach the pad to the center of the patient's chest.



2) Have the student attach the second training pad to the left side of the patient body by following the voice guidance. If assuming a small child, attach the pad to the center of the patient's back.



5. After confirming that the student attached the pads properly, press the 2 key on the remote controller. There is a voice guidance that the AED is analyzing the patient's heart rhythm.



6. There is a voice guidance that defibrillation shock is needed or not needed. The guidance depends on the selected rescue scenario.

#### When defibrillation shock is needed

Have the student press the shock button and explain to the student that the AED delivers defibrillation shock when the button is pressed.



#### **NOTE**

The training unit does not deliver a defibrillation shock.

#### When no defibrillation shock is needed

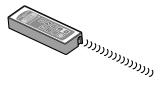
Have the student start CPR by following the voice guidance. In training, the rescue data is not saved.

#### When a Scenario Finishes

#### NOTE

When the scenario finishes, the training unit automatically enters pause mode and there is a pause sound every 10 seconds. To start the training again, press the 8/P key on the remote controller or close the training unit lid to turn the training unit power off then turn the training unit power on again.

### **Changing the Training Stage with the Remote Controller**



Though the training is assumed to follow the selected scenario, you can change the training stage at any time with the remote controller.

In this section, Simple mode is assumed for voice guidance and the following icons indicate the adult and child modes.



: Adult mode

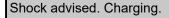


Child mode

### Changing the Heart Rhythm Analysis Result to "No Shock Needed"

key on the remote controller within three seconds to change the training stage to "shock is not necessary".

The voice guidance changes as follows.



Do not touch patient, press flashing button.





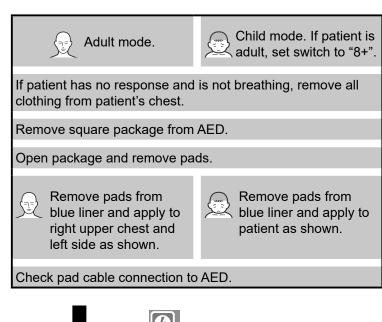


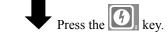
Heart rhythm changed. Shock canceled. It is safe to touch patient. Start CPR.

### Changing the Stage to "Pads are Attached"

Press the key on the remote controller to change the training stage to "start analyzing the heart rhythm".

The voice guidance changes as follows. To move to the next message in the table, press the 4 key on the remote controller. Refer to "Moving to the Next Stage of the Pads Attachment" (p. 51).





Do not touch patient.

Analyzing heart rhythm. Do not touch patient.

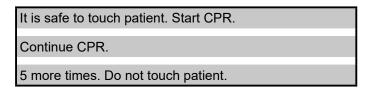
### Changing the CPR Mode On or Off

Press the key on the remote controller during CPR. Every time the 2 key is pressed, the CPR mode toggles between 1 and 2.

When CPR mode 1 is selected and the 2 key is pressed, the "pip" sound is turned off.

When CPR mode 2 is selected and the 2 key is pressed, the "pip" sound is turned on.

For details on the CPR mode setting, refer to "Setting Language, CPR Mode and Voice Guidance and Initializing the Settings" (p. 26)".





Every time you press the 2 key, the CPR mode toggles between 1 and 2.

The "pip" sounds which tell that CPR for the last 5 times are not turned off when the 2 key is pressed.

### Analyzing the Heart Rhythm during CPR



Press the Rey on the remote controller during CPR.

It is safe to touch patient. Start CPR.

Continue CPR.

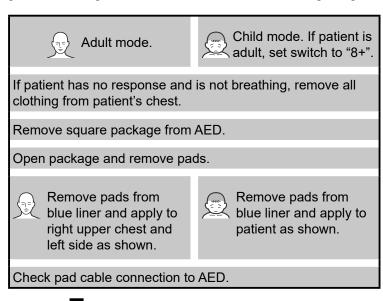


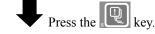
5 more times. Do not touch patient.

Analyzing heart rhythm. Do not touch patient.

### Change the Stage to "Pads are Expired"

Press the key on the remote controller while the voice guidance is being heard. The scenario restarts from the beginning.





#### Pads are past expiration date.

After this guidance, the scenario restarts from the beginning. The pads check indicator lights in red.





If patient has no response and is not breathing, remove all clothing from patient's chest.

The pads check indicator lights in red until the training unit power is turned off or the scenario is changed.

### Change the Stage to "Pads are Not Attached Properly"

Press the key on the remote controller while the unit is analyzing the heart rhythm, charging or waiting for the shock button to be pressed.

Do not touch patient.

Analyzing heart rhythm. Do not touch patient.

Shock advised. Charging.

Do not touch patient. Press flashing button.



#### Check skin contact and cable connection.

The pads check indicator lights in red and the pads placement indicators blink.

When you press the 5 key on the controller again, there are voice guidance "Do not touch patient" and "Analyzing heart rhythm. Do not touch patient".

### Moving to the Next Stage of the Pads Attachment

Press the key on the remote controller during the voice guidance for attaching the defibrillation pads.

To shortcut the pads attachment stage and move to the heart rhythm analyzing stage, press the 2 key on the remote controller.



If patient has no response and is not breathing, remove all clothing from patient's chest.

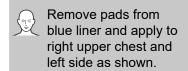


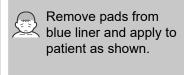
Remove square package from AED.



Open package and remove pads.







The voice guidance is repeated five times until you press the 4 key.



Check pad cable connection to AED.

The voice guidance is repeated until you press the 4 key.



Do not touch patient.

Analyzing heart rhythm. Do not touch patient.

### Changing the Stage to "Noise and the AED cannot Analyze the Heart Rhythm"

Press the key then the key on the remote controller within three seconds while the unit is analyzing.

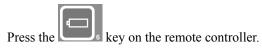
Analyzing heart rhythm. Do not touch patient.



Could not analyze heart rhythm.

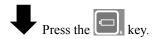
It is safe to touch patient. Start CPR.

### Change the Stage to "Remaining Battery Power is Low"



When the training unit battery power is too low to operate, the 0% battery status indicator lights in red and you cannot change the stage.

The training unit power is on and the training unit lid is open.

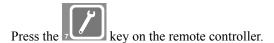


#### Battery low.

After the voice guidance, the 0% battery status indicator lights in red.

To return to the previous stage, press the 6 key again.

### Changing the Stage where the Repair is Needed



The training unit power is on and the training unit lid is open.



### AED not working. Do not use AED. Start CPR.

After the voice guidance, the service indicator lights in red.

The voice guidance is repeated until the training unit power is turned off or the scenario is changed.

When you press the 7 key again, the training unit restarts.

### **Changing Volume**

You can change the volume for voice guidance and CPR sounds in eight volume levels. The default setting is 8.

### **Turning the Volume Down**

Press the key on the remote controller.

### **Turning the Volume Up**

Press the key on the remote controller.

### **Pausing Training**

Press the Press the remote controller. When the training pauses, there are pause sounds every 10 seconds. To continue the training, press the 8/P key again.

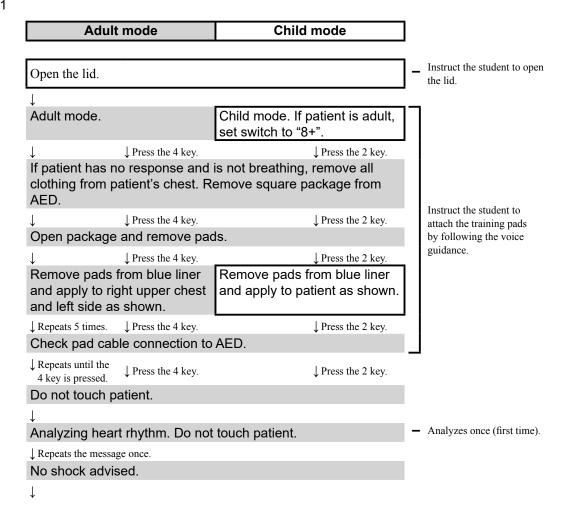
### **Explanation of Each Scenario**

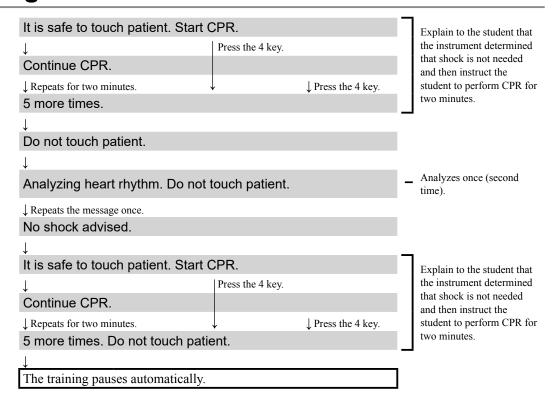
The voice guidance in the tables is for Simple mode.

#### NOTE

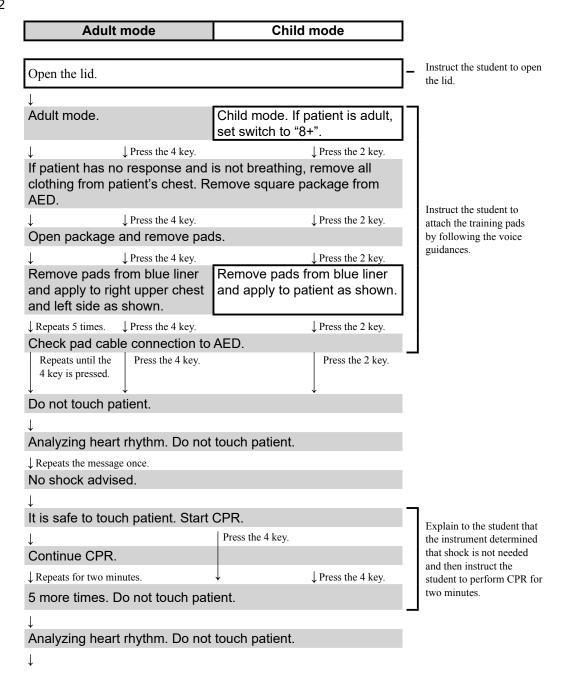
When the scenario finishes, the training unit enters the pause mode and there are pause sounds every ten seconds. To start the training again, press the 8/P key on the remote controller, or close the lid and then open the lid so that the training unit is restarted.

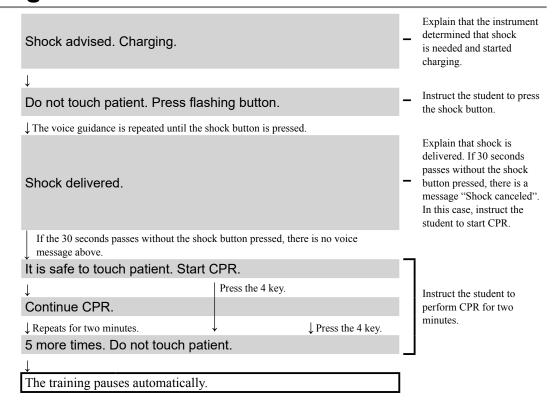
#### Scenario 1



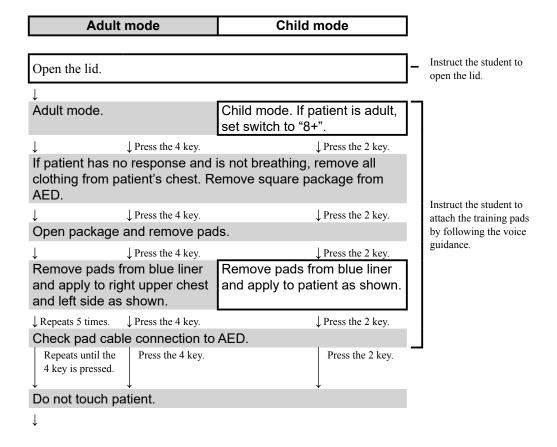


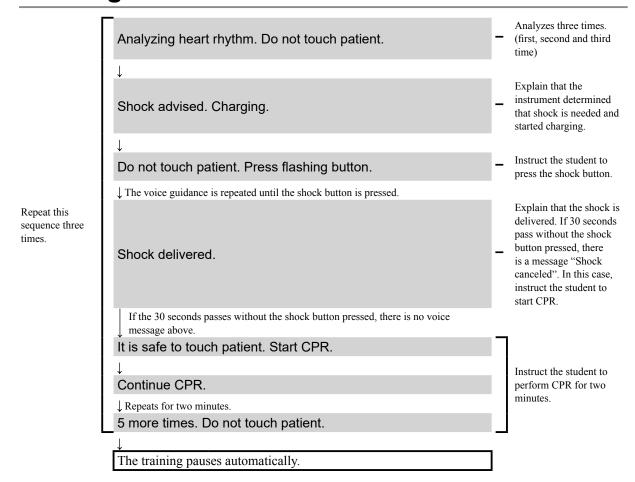
#### Scenario 2





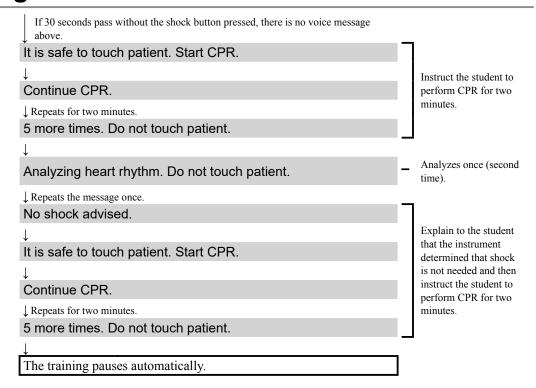
#### Scenario 3





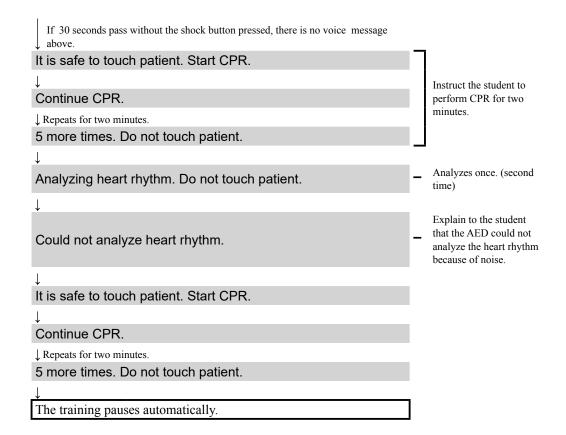
### Scenario 4

Adult m	ode	Child m	ode		
Open the lid.				_	Instruct the student to open the lid.
$\downarrow$					
Adult mode.		Child mode. If parset switch to "8+"		$\Box$	
<b>↓</b>	Press the 4 key.		Press the 2 key.	ı	
		s not breathing, re emove square pac			Instruction of devices
<b>↓</b>	Press the 4 key.	<b>\</b>	Press the 2 key.		Instruct the student to attach the training pads
Open package an	id remove pad	ls.			by following the voice
<b>↓</b>	Press the 4 key.	$\downarrow$	Press the 2 key.		guidance.
Remove pads from and apply to right and left side as sh	upper chest	Remove pads fro and apply to patie			
↓ Repeats 5 times. ↓ 1	Press the 4 key.	<b>↓</b>	Press the 2 key.		
Check pad cable  Repeats until the 4 key is pressed.	connection to Press the 4 key.	AED.	Press the 2 key.	_	
Do not touch patie	ent.	Ť			
<b></b>					
Analyzing heart rh	nythm. Do not	touch patient.		-	Analyzes once (first time).
<u> </u>					
Shock advised. C	harging.				
<u> </u>					Instruct the student to
Do not touch patie	ent. Press flas	hing button.		_	Instruct the student to press the shock button.
↓ The voice guidance is	repeated until the sl	hock button is pressed.			
Shock delivered.				_	Explain that the shock is delivered. If 30 seconds pass without the shock button pressed, there is a message "Shock canceled". In this case, instruct the student to start CPR.



### Scenario 5

Adult mode	Child mode	]	
Open the lid.		]-	Instruct the student to open the lid.
Adult mode.	Child mode. If patient is adult, set switch to "8+".		
↓ ↓ Press the 4 key.  If patient has no response and i clothing from patient's chest. ReAED.	<u> </u>		Instruct the student to
↓ Press the 4 key. Open package and remove pad			
↓ ↓ Press the 4 key. Remove pads from blue liner and apply to right upper chest and left side as shown.	↓ Press the 2 key.  Remove pads from blue liner and apply to patient as shown.		guidance.
Repeats 5 times.	→ Press the 2 key.  AED.  Press the 2 key.		
Do not touch patient.			
↓ Analyzing heart rhythm. Do not	touch patient.	-	Analyzes once. (first time)
↓ Shock advised. Charging.			
Do not touch nationt. Press flas	hing hutton	_	Instruct the student to
Do not touch patient. Press flashing button.			press the shock button.
Shock delivered.	nock outfoil is pressed.	_	Explain that the shock is delivered. If 30 seconds pass without the shock button pressed, there is a message "Shock canceled". In this case, instruct the student to start CPR.



### **List of Voice Guidance**

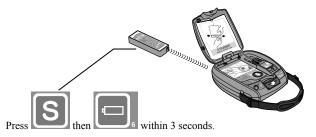
Simple	Detailed		
Adult mode.	Adult mode. Stay calm. Follow voice instructions.		
Child mode. If patient is adult, set switch to "8+".	Call Emergency Medical Service.  Child mode. Stay calm. Follow voice instructions.  If patient is adult, set switch to "8+".  Call Emergency Medical Service.		
If patient has no response and is not breathing, re	atient has no response and is not breathing, remove all clothing from patient's chest.		
Remove square package from AED.			
Open package and remove pads.			
Remove pads from blue liner and apply to right upper chest and left side as shown.			
Remove pads from blue liner and apply to patien	at as shown.		
Check pad cable connection to AED.			
Do not touch patient.			
Analyzing heart rhythm. Do not touch patient.			
Shock advised. Charging.			
Do not touch patient. Press flashing button.			
Shock delivered.			
No shock advised.			
Heart rhythm changed. Shock cancelled.			
It is safe to touch patient. Start CPR.			
Continue CPR.			
5 more times. Do not touch patient.			
Check skin contact and cable connection.			
AED not working. Do not use AED. Start CPR.			
Battery low.			
Could not analyze heart rhythm.			

## **Demonstration**

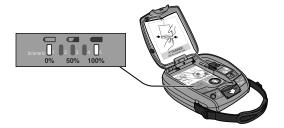
To demonstrate how the AED works at rescue, this training unit has a demonstration mode.

### **Selecting the Demonstration Mode**

- 1. Slide the power switch and open the lid.
- 2. When the voice guidance starts, press the S key then the 6 key on the remote controller within 3 seconds.



3. The training unit automatically restarts and the "1" and "5" battery status indicators light.



# **Demonstration**

 The demonstration starts. The training unit repeats demonstration until you close the training unit lid and turn the training unit power off.

If you turn the training unit power off when the training unit is in demonstration mode, the training unit automatically enters demonstration mode the next time you turn the training unit power on.

To return to the training mode, select the scenario when the training unit power is on. Refer to "Selecting the Rescue Scenario" (p. 39).

# **Demonstration**

### **Explanation of the Demonstration Mode**

	Adult mode	Child mode
	Open the lid.	
	<u> </u>	
	Adult mode.	Child mode. If patient is adult, set switch to "8+".
	$\downarrow$	
	If patient has no response and is not breathing, Remove square package from AED.	remove all clothing from patient's chest.
	$\downarrow$	
	Open package and remove pads.	
	Remove pads from blue liner and apply to right upper chest and left side as shown.	Remove pads from blue liner and apply to patient as shown.
	$\downarrow$	
	Check pad cable connection to AED.	
	<b>↓</b>	
	Do not touch patient.	
	<b>↓</b>	
	Analyzing heart rhythm. Do not touch patient.	
The	<b>\</b>	
These procedures are	Shock advised. Charging.	
repeated while	<b>\</b>	
the training unit	Do not touch patient. Press flashing button.	. 22
power is on.	The voice guidance is repeated until the shock button is p	oressed or 30 seconds passes.
	Shock delivered.	
	It is eafe to touch nationt. Start CDD	
	It is safe to touch patient. Start CPR.	
	Continue CPR.	
	↓ Repeats for two minutes.	
	5 more times. Do not touch patient.	
	Analyzing heart rhythm. Do not touch patient.	
	↓ Repeats the message once.	
	No shock advised.	
	It is safe to touch patient. Start CPR.	
	1	
	Continue CPR.	
	↓ Repeats for two minutes.	
	5 more times. Do not touch patient.	

### **Maintenance**

The parts of this training unit can only be repaired by Nihon Kohden service personnel. Contact your Nihon Kohden representative.

### **Repair Parts Availability Policy**

Nihon Kohden Corporation (NKC) shall stock repair parts (parts necessary to maintain the performance of the instrument) for a period of 6 years from the date of delivery. In that period NKC or its authorized agents will repair the instrument. This period may be shorter than 6 years if the board or part necessary for the faulty section is not available.

#### **NOTE**

- Depending on the time of purchase, the service period may be shorter.
- Some parts of the training unit can be repaired even after the service period.

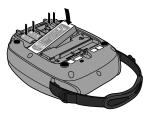
## **Maintenance**

### Inserting the Remote Controller and Spare Batteries in the Training Unit

1. Press the latch and open the rear cover.



2. Insert the remote controller and spare batteries for the training unit and remote controller.



3. Close the rear cover.



## **Maintenance**

## Replacing the Batteries

#### **Training Unit**

When the remaining battery power is low or empty, the following conditions may occur.

- 0% battery status indicator lights in red.
- While there is voice guidance, the battery status indicators become dark, start blinking or do not light.
- · Voice guidance becomes unstable.
- There is no voice guidance even when the training unit power is on.
- An unexpected combination of indicators light.
- The training unit does not operate.

If any of these conditions occur, replace the batteries. Refer to "Installing the Batteries into the Training Unit" (p. 21).

#### **Remote Controller**

When the remaining battery power is low or empty, the following conditions may occur.

- The operating distance of the remote controller becomes shorter.
- The training unit does not operate unless you place the remote controller close to the training unit.

If these occur, replace the batteries. Refer to "Inserting the Batteries into the Remote Controller" (p. 22).

## Replacing the Remote Controller

The remote controller for this training unit is a consumable. When the remote controller does not operate even if you replace the batteries, replace the remote controller.

# **Maintenance**

## **Disposal of the Batteries**

Follow your local laws when disposing of the alkaline batteries.

## Cleaning

Clean the surface of the training unit with a soft cloth moistened with neutral soap or water.

## **Checking the Appearance**

Periodically check that there are no cracks or loose parts.

## **Checking the Accessories**

Periodically check that all accessories are ready for next use.

## **Specifications**

#### **Dimensions**

Training unit:  $100 \text{ (H)} \times 206 \text{ (W)} \times 252 \text{ (D)} \text{ mm}$ Remote controller:  $20.6 \text{ (H)} \times 40 \text{ (W)} \times 124.9 \text{ (D)} \text{ mm}$ 

#### Weight

Training unit: 1.3 kg (not including the batteries and training pads)

Remote controller: 70 g (not including the batteries)

### **Operating Conditions**

Temperature: 5 to 45°C (41 to 122°F) Humidity: 5 to 95% (noncondensing)

Atmospheric pressure: 700 to 1060 hPa

### **Storage Conditions (without Batteries)**

Temperature:  $-20 \text{ to } +70^{\circ}\text{C} (-4 \text{ to } +158^{\circ}\text{F})$ 

Humidity: 5 to 95%

Atmospheric pressure: 700 to 1060 hPa

#### **Batteries**

Training unit: two LR14 (C) alkaline batteries Remote controller: two LR03 (AAA) alkaline batteries

## Safety Standards

This training unit is designed based on safety and functional standards such as EMC. The TRN-3100 training unit and training pads meet the requirement of the following standards.

### **EMC**

IEC 61326-1:2012

## Electromagnetic Emissions/Immunity

The TRN-3100 training unit and training pads are intended for use in the electromagnetic environment specified below.

The customer or the user of the TRN-3100 training unit and training pads should assure that it is used in such an environment.

#### **Emissions Tests**

Applied Standard: CISPR11:2009, A1:2010 Group 1, Class B

Test Item	Compliance	Remarks
Conducted disturbance at mains terminals	N/A	Test was not carried out because the EUT operates only on battery power.
Radiated disturbance	Group 1, Class B	_

#### **Low-frequency Emissions Tests**

Applied Standard	Test Item	Compliance	Remarks
IEC 61000-3-2:2014 Class A	Harmonic current emissions	N/A	Test was not carried out because the EUT operates only on battery power.
IEC 61000-3-3:2013	Voltage fluctuations and flicker	N/A	

## **Immunity Tests**

Applied Standard: IEC 61326-1:2012

Test Item	Criterion	Compliance	Remarks	
Electrostatic discharge IEC 61000-4-2	В	A	_	
Radiated, radio-frequency, electromagnetic field IEC 61000-4-3	A	A		
Electrical fast transient/burst IEC 61000-4-4	В	N/A	See Note	
Surge IEC 61000-4-5	В	N/A	See Note	
Conducted disturbances, induced by radio-frequency fields IEC 61000-4-6	A	N/A	See Note	
Power frequency magnetic field IEC 61000-4-8	A	A		
Voltage dips, short interruptions and voltage variations IEC 61000-4-11				
Voltage dip: 0.5 cycle, 0%	В			
Voltage dip: 1 cycle, 0%	В	N/A	See Note	
Voltage dip: 25/30 cycle, 70%	C	IN/A	See Note	
Short interruption: 250/300 cycle, 0%	C			
NOTE: Test was not carried out because the EUT operates only battery power.				

### **Performance Criteria**

А	No degradation reboot except a specified timing operating in demonstration mode is allowed. Timing to reboot intentionally:  After the EUT is started in demonstration mode, it will be automatically reboot after pronouncing "5 more times. Do not touch patient." for the second time.
В	Temporary lighting on/off of lamp indication, break of the sound and abnormal noise is allowed.
С	Not applicable because this EUT is not an AC drive apparatus.

### **System Composition for EMC Test**

We tested that the TRN-3100 complies with IEC 61326-1:2012 with the following configuration. If other cables and equipments are used with the TRN-3100, the TRN-3100 may not comply with these standards.

Configuration at testing	Cable length (m)
Training unit, TRN-3100	_
Training pad	1.5 m
Remote controller, RY-310V	_

## Safety

Equipment type: Portable

Pollution degree: 2 (Only non-conductive pollution occurs except that

occasionally a temporary conductivity caused by

condensation is to be expected.)

Type of protection against electrical shock: Internally powered equipment (Battery)

Degree of protection against harmful ingress of water: IPX0 (non-protected)

Mode of operation:

Continuous operation

## **Safety Standards**

IEC 61010-1:2010 IEC 61326-1:2012

## **Accessories (Consumables)**

When you order the consumables, contact your Nihon Kohden representative.

RY-310V remote controller



YZ-061H6 training pads



## **Options**

YZ-061H6 training pads



Spare sticker for training pads (Supply code: Y262B)



# **Quick Reference for Remote Controller**

## **Changing the Training Stage**

Moving to the Next Stage of the Pads Attachment

Key on Remote Controller			Voice Guidance after Key	Operation
			Adult mode.	Child mode. If patient is adult, set switch to "8+".
		Every time the 4 key is pressed,	If patient has no response and is not breathing, remove all clothing from patient's chest. Remove square package from AED.	
(RA)	4	the guidance	Open package and remove pads.	
4		proceeds to the next.	Remove pads from blue liner and apply to right upper chest and left side as shown.	Remove pads from blue liner and apply to patient as shown.
			Check pad cable connection to AED.	
			Analyzing heart rhythm. Do not touch patie	nt.

## Changing the Heart Rhythm Analysis Result to "No Shock Needed"

Key on Remote Controller		Operation	Voice Guidance after Key Operation
S → , /	$S \rightarrow 7$	Press the keys while charging or waiting for the shock button to be pressed.	Heart rhythm changed. Shock canceled.

## Changing the Stage to "Pads are Attached"

Key on Remote Controller		Operation	Voice Guidance after Key Operation
	2	Press the key while attaching the training pads.	Do not touch patient. Analyzing heart rhythm. Do not touch patient.

## Analyzing the Heart Rhythm during CPR

Key on Remote Controller		Operation	Voice Guidance after Key Operation
Raja .	4	Press the key during CPR.	5 more times. Do not touch patient.

## Change the Stage to "Pads are Expired"

Key on Remote Controller		Operation	Voice Guidance after Key Operation
5	5	Press the key while attaching the training pads.	Pads are past expiration date.

# **Quick Reference for Remote Controller**

Change the Stage to "Pads are Not Attached Properly"

Key on Remote Co	ntroller	Operation	Voice Guidance after Key Operation
	5	Press the key while analyzing the heart rhythm, charging or waiting for the shock button to be pressed.	Check skin contact and cable connection.

Changing the Stage to "Noise and the AED cannot Analyze the Heart Rhythm"

Key on Remote Controller		Operation	Voice Guidance after Key Operation
S →	S → 8	Press the keys while analyzing heart rhythm.	Could not analyze heart rhythm.

Change the Stage to "Remaining Battery Power is Low"

Key on Remote Controller		Operation	Voice Guidance after Key Operation
	6	_	Battery low.

Changing the Stage where the Repair is Needed

Key on Remote Controller		Operation	Voice Guidance after Key Operation
, 7	7	_	AED not working. Do not use AED. Start CPR.

### **Others**

Key on Remote Co	Function		
8/P		Pause/Play	
S	s	Changing scenario	

Key on Remote Co	Function	
+	1	Increasing volume
3	3	Lowering volume

## **Quick Reference for Remote Controller**

## **Settings**

#### Language

- 1. Press and hold the shock button for 3 seconds.
- 2. Press (2) key and select language 1, 2 or 3.
- 3. Press  $\bigcirc$  (S)  $\rightarrow$   $\bigcirc$  (7) keys to confirm.



#### **CPR Mode**

- 1. Press and hold the shock button for 3 seconds.
- 2. Press (5) key and select the CPR mode.
- 3. Press  $\mathbb{S}(S) \to \mathbb{Z}(7)$  keys to confirm.



CPR1 (100 times/min): Blinks slowly CPR1 (110 times/min): Blinks CPR1 (120 times/min): Blinks fast

CPR2 (no pip sound): Lights

#### Voice Guidance

- 1. Press and hold the shock button for 3 seconds.
- 2. Press (4) key and select the voice guidance mode.
- 3. Press  $\bigcirc$  (S)  $\rightarrow$   $\bigcirc$  (7) keys to confirm.



Light: Simple mode Off: Detailed mode

### **Scenarios and Demonstration Mode**

To change the scenario, press the (S) key then the scenario number key.

Scenario 1	Scenario 2	Scenario 3	Scenario 4	Scenario 5	Scenario 6 (Demo Mode)
Heart rhythm analysis   No shock advised  CPR  Heart rhythm analysis  No shock advised	Heart rhythm analysis  ↓ No shock advised  CPR  ↓ Heart rhythm analysis  ↓ Shock	Heart rhythm analysis  Shock  CPR  Heart rhythm analysis  Shock	Heart rhythm analysis  ↓ Shock  ↓ CPR ↓ Heart rhythm analysis ↓ No shock advised ↓	Heart rhythm analysis  Shock  CPR  Heart rhythm analysis  Noise	Heart rhythm analysis  Shock  CPR  Heart rhythm analysis  No shock advised
CPR	CPR	CPR ↓ Heart rhythm analysis ↓ Shock ↓ CPR	CPR	CPR	CPR  ↓ Repeat from the beginning until the power is turned off.

#### Manufacturer

#### NIHON KOHDEN CORPORATION

1-31-4 Nishiochiai, Shinjuku-ku Tokyo 161-8560, Japan Phone +81 3-5996-8041

#### North and South America

#### NIHON KOHDEN AMERICA, INC.

15353 Barranca Parkway, Irvine, CA 92618, U.S.A. Toll-free +1-800-325-0283 Phone +1 949-580-1555 Fax +1 949-580-1550

#### NIHON KOHDEN MEXICO S.A. DE C.V.

Insurgentes Sur 730, Piso 9 Oriente, Col. Del Valle C.P. 03100, Delegacion Benito Juarez, Ciudad de Mexico Phone +52 55-8851-5550 Fax +52 55-8851-5580

#### NIHON KOHDEN DO BRASIL LTDA.

Rua Diadema, 89, 1º andar, conjuntos 11 a 17, bairro Mauá no Município de São Caetano do Sul, Estado de São Paulo CEP 09580-670, Brasil Phone +55 11-3044-1700 Fax +55 11-3044-0463

#### Europe

EC REP European Representative

#### NIHON KOHDEN EUROPE GmbH

Raiffeisenstrasse 10, 61191 Rosbach, Germany Phone +49 6003-827-0 Fax +49 6003-827-599

#### NIHON KOHDEN DEUTSCHLAND GmbH

Raiffeisenstrasse 10, 61191 Rosbach, Germany Phone +49 6003-827-0 Fax +49 6003-827-599

#### NIHON KOHDEN FRANCE SARL

Centre d'Affaires La Boursidière, Bât C – RDC, 92357 Le Plessis Robinson, France Phone +33 1-49-08-05-50 Fax +33 1-49-08-93-32

#### NIHON KOHDEN IBERICA S.L.

Calle Toronga 23, Oficina 1 28043 Madrid, Spain Phone +34 917-161-080 Fax +34 913-004-676

#### NIHON KOHDEN ITALIA S.r.I.

Via Fratelli Bronzetti 28, 24124 Bergamo, Italy Phone +39 035-219543 Fax +39 035-232546

#### UK Responsible Person

#### NIHON KOHDEN UK LTD.

Unit 3, Heyworth Business Park, Old Portsmouth Road, Peasmarsh, Guildford, Surrey, GU3 1AF, UK Phone +44 14-8333-1328

#### Asia

## SHANGHAI KOHDEN MEDICAL ELECTRONIC INSTRUMENT CORP.

No. 567 Huancheng Bei Road Shanghai Comprehensive Industrial Development Zone Fengxian District, Shanghai 201401, China Phone +86 21-5743-6998

#### NIHON KOHDEN SINGAPORE PTE LTD

1 Maritime Square, #10-34 HarbourFront Centre Singapore 099253 Phone +65 6376-2210 Fax +65 6376-2264

#### NIHON KOHDEN INDIA PVT. LTD.

308, Tower A, Spazedge, Sector 47, Sohna Road Gurgaon-122 002 Haryana, India Toll-free +91 1800-103-8182 Phone +91 124-493-1000 Fax +91 124-493-1029

#### NIHON KOHDEN MIDDLE EAST FZE

JAFZA One Tower A, 19th floor, Office No. 1912 P.O. Box 261516, Jebel Ali Free Zone, Dubai, U.A.E. Phone +971 4-884-0080 Fax +971 4-880-0122

#### NIHON KOHDEN KOREA, INC.

3F, Cheongok Bldg., 88, Dongmak-ro, Mapo-gu, Seoul, 04075, Republic of Korea Phone +82 2-3273-2310 Fax +82 2-3273-2352

Contact information is accurate as of Sep 2022. Visit https://www.nihonkohden.com/ for the latest information.

The model and serial number of your device are identified on the rear or bottom of the unit.

Write the model and serial number in the spaces provided below. Whenever you call your representative concerning this device, mention these two pieces of information for quick and accurate service.

Model		Serial Number	
г			
1	Your Representative		
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Note for users in the territory of the EEA and Switzerland:

Any serious incident that has occurred in relation to the device should be reported to the European Representative designated by the manufacturer and the Competent Authority of the Member State of the EEA and Switzerland in which the user and/or patient is established.

Training Unit TRN-3100



Manufacturer

NIHON KOHDEN CORPORATION

1-31-4 Nishiochiai, Shinjuku-ku Tokyo 161-8560, Japan Phone +81 (3) 5996-8036 Fax +81 (3) 5996-8100